



# Marriage Enrichment

Communication | Connection | Closeness

An opportunity for missionary couples to step away from their busy lives and focus on the blessings and challenges of marriage amidst ministry.

*The Tumaini Counselling Centres are excited to offer our 2019 marriage retreats near Nairobi, Kenya, and Jinja, Uganda. Find the dates and venue that suit you best*

## **WHY A MARRIAGE ENRICHMENT RETREAT FOR MISSIONARIES?**

Second only to our relationship with Christ is our relationship with our spouse. We readily acknowledge our dependence on daily quiet times with our Heavenly Father, yet it is so easy to get into a comfortable routine that doesn't equally emphasize our husband-wife relationship. A marriage retreat gives you the opportunity to focus on the one you love, and to look at areas where you might grow further in your relationship.

## **WHAT CAN YOU EXPECT?**

This retreat for married couples is designed to provide a unique opportunity to take time out to focus on your marriage relationship. It is not aimed at solving marriage problems, however, in a relaxed, non-threatening atmosphere you are encouraged to review your marriage, recognise and build upon strengths and identify and discuss potential trouble spots. The retreat is for those who desire to improve on what they have.

The format is experiential and fun as opposed to sitting down and listening to lectures. You will *NOT* be asked to share anything private or confidential or be pressured to 'work on your marriage' in front of other couples. In fact, you don't have to say anything publicly. However, participants have said that hearing other couples voluntarily discuss similar marital issues helps them identify areas for growth in their own relationship.

We encourage active, honest interaction with your spouse over relevant topics such as connecting in our uniqueness, connecting in communication, connecting in anger and conflict, connecting the past with the present, connecting in sexuality, connecting in spirituality and connecting in intentional dreaming.

Those with a good relationship will have the opportunity to better it. Those with a tired relationship will have the opportunity to revive it. Those with a cold relationship will have the opportunity to warm it.

## DATES & TIMES:

Our 2019 retreats are offered both in Nairobi and Jinja; find the dates and venue that suit you best:

### Retreats at Brackenhurst Conference Centre, Limuru, Kenya

- Sept 27-29 Friday lunch through Sunday lunch
- Or Oct 1-3 Tuesday lunch through Thursday lunch

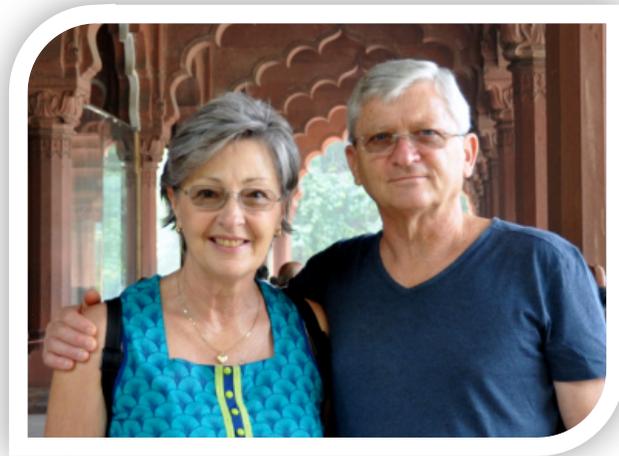
### Retreat at the Prayer Mountain, Jinja, Uganda

- Oct 11-13 Friday lunch through Sunday lunch

Spaces are limited to 12 couples per retreat.

## ABOUT THE LEADERS

**Barry and Paula Davis** live in Australia. Barry has worked as a chartered accountant and holds a theology degree. He has been involved in pastoring and church planting. In recent years his ministry has centred on developing relational tools for men as they explore their inner worlds. Paula has degrees in counselling and a doctorate in counselling education. She lectures, counsels and supervises counsellors. Together, Barry and Paula design relational tools for married couples and conduct workshops for traumatised couples in post-war, developing countries. They have conducted workshops in Australia, Africa, Sri Lanka, India and Switzerland. Tumaini is delighted to invite Barry and Paula to lead these retreats.



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## PAYMENT INFORMATION:

Barry & Paula Davis have been able to raise very significant funds from donors in Australia in order to very greatly subsidise these retreats!

### Amount per couple:

	Paid before 9 <sup>th</sup> August	Paid from 10 <sup>th</sup> August
AIM missionaries	\$100	\$150
Other missionaries	\$125	\$175

### *Closing date for bookings 25<sup>th</sup> August*

We hope to be able to look after pre-school age children, but not older children. There will be an additional charge for kids to attend; please see further information below.

### How to pay:

Card payment online; instructions will be sent on signing up.

### **When is payment due?**

For the 'early bird' rate, full payment must be made by 9<sup>th</sup> August; the last date for payment is by the closing date of 25<sup>th</sup> August.

### **What about late registration?**

Late registration is subject to room availability; there is no guarantee of a place.

### **Refund Policy:**

Once we have been charged the lodging fee by the venues we cannot make a refund; this is because the accommodation fees are more than we are charging participants. The closing date of 25<sup>th</sup> August is the deadline.

### **Scholarship assistance:**

The retreats are already very heavily subsidized, so we are unable to offer any further financial assistance to couples. However, your mission agency, supporters, or a sending church may be willing to encourage you in this way. Many mission agencies allow the use of ministry/work funds to cover the cost of the retreat, transportation, and childcare.

### **FAQs**

**Can I bring my children?** The goal of this retreat is to strengthen marriages, and we want both husband and wife to be able to fully devote their time to one another for 48 hours. This just isn't as easy with children coming along. We truly want this to be a get-away for you as a couple. We encourage you to plan for your children to be looked after safely, so that you can attend the retreat undistracted.

**But what about a nursing babies and small children?** We recognize the full-time commitment of nursing moms and the needs of very small children to be with their parents, and we will welcome you if you would like to come to the retreat at this time, and recognize that you will not be able to fully engage and concentrate on your spouse. There is an additional charge for small children to attend, and for child care during the sessions. We will make arrangements depending on the need. Please ask if relevant.

**Attire and weather:** Attire is casual and comfortable, and jeans are quite fine. It is frequently chilly at night, so bring layers. It may be raining, so also bring an umbrella. There are walking trails outside of Brackenhurst, so you may want comfortable walking shoes.

**What else should I bring?** Your Bible, a pen, some paper.

**To enquire or book please email: [conferences.tcc@gmail.com](mailto:conferences.tcc@gmail.com)**

or phone +254 (0)733 687 050 or +254 (0)728 606 911

*We welcome you to a special time. Come with open hearts ready for God to shine into your lives.*